



**UNC**  
HEALTH®  
Rockingham

# Monthly Bone Health Clinic

## at UNC Orthopedics and Sports Medicine at Eden

**Dr. Phillip Stetler**  
Terra Beek, DNP, APRN, FNP-C

At UNC Orthopedics and Sports Medicine at Eden, our team is dedicated to diagnosing and treating a variety of musculoskeletal conditions.

For patients over 50, we invite you to partner with us to ensure your total bone health. Make an appointment today for our monthly **Bone Health Clinic** on the first Friday of each month. **No referral is needed**; however, an appointment is required.

We will work with you to assess, diagnose and treat low bone density in order to prevent future complications like easy bone breaks, back pain, loss of height or stooped posture.

### What to Expect At Your Visit and Beyond:

- A Dual-Energy DEXA Bone Scan
- Bloodwork to check Vitamin D and Calcium levels
- A Treatment plan tailored to you that may include an exercise program, therapy and supplementation of vitamins
- Coordination with your Primary Care Physician



### WHAT

A Bone Health Clinic at UNC Orthopedics and Sports Medicine at Eden



### WHEN

First Friday of Every Month  
Beginning January 5, 2024



### WHERE

520 S. Van Buren Road  
Eden, NC 27288



### CONTACT

336-627-7500